



DUBAI LONDON CLINIC & SPECIALITY HOSPITAL



UNDERSTANDING ERECTILE DYSFUNCTION
AND THE TREATMENT OPTIONS AVAILABLE



Dr. Anis Haddad

Specialist Urologist, Andrologist & Sexologist

Our specialist Urologist, Andrologist and Sexologist, Dr. Anis Haddad is known across the Emirates for his expertise in sexual health. With experience in many global and regional hospitals including the UAE and France, our doctor is qualified to treat a vast range of sexual health issues and has expertise in treating patients from a range of cultural and lingual backgrounds due to his fluency in English, Arabic and French.

Get in touch with us today to book your appointment!

Contents

Understanding Erectile Dysfunction	2
Stem Cell Therapy	3
P-Shot	5
Shockwave Therapy	7
Treating Premature Ejaculation	8
Testosterone Deficiency	9
Health Treatment Packages	



What is Erectile Dysfunction?

Erectile Dysfunction occurs when a man finds it increasingly more challenging to achieve or maintain a satisfactory erection. The condition usually develops with age, particularly in those over the age of 40 and affects at least 2 in 10 men globally.

Are there treatments available?

Yes! There is absolutely no reason why men globally should be suffering with this prevalent health problem in silence. There are several treatment options that have proven success in restoring erectile function, which include:

- Stem Cell Therapy
- P-Shot
- Shockwave Therapy

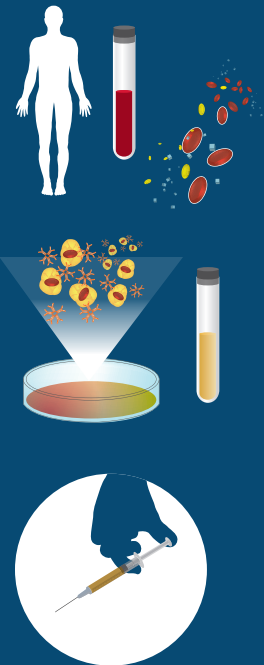
These treatments target the root of the cause unlike prescribed oral medications which only address the symptoms.

Stem Cell Therapy

Simple, safe and effective solutions for a healthy sexual life.

What is Stem Cell Therapy?

This treatment involves injecting the patients' stem cells and growth factors to regenerate the nerves, blood vessels and erectile tissue within the male reproductive organ. This form of therapy is known for restoring erectile function by regenerating erectile tissue to improve blood flow.



The Procedure

1 The stem cells are harvested from the abdominal fat tissue through a fat collection process under local anaesthesia.

2 It undergoes a purification process and culture in a specialized laboratory for 2-3 weeks.

3 It is then injected into the male reproductive organ through the use of a tiny micro needle and local anaesthesia.

This process regenerates the penile erectile tissues and blood vessels, which are the root cause of Erectile Dysfunction.

What results can I expect to see?

Those who have undergone Stem Cell Therapy have reported noticing improvement in their erectile function within just 3-6 weeks.



Our trusted men's health expert understands the distressing impact that erectile dysfunction can have on an individual's life, and formulates an appropriate treatment plan tailored to your unique health needs.



P-Shot

The latest medical procedure for the treatment of Erectile Dysfunction.

What is P-Shot?

This medical solution has been developed to deliver long lasting improvements for sexual performance in men and is an effective medical solution for those suffering from Erectile Dysfunction and Peyronie's disease. The treatment improves the blood circulation, which is the leading cause of erectile dysfunction and Peyronie's disease.

How does the procedure work?

The procedure is minimally invasive and is completed in just 5 steps:

1. Firstly, numbing cream is applied to the patient's penis to prevent any discomfort.
2. Blood will then be extracted from the patients arm.
3. The blood extracted will be placed within a special centrifuge machine to separate the Platelets Rich Plasma apart from other blood cells.
4. The platelets will then be transferred into another tube, with a few drops of calcium chloride solution added to trick the platelets into thinking they are already within the patient's body and that the body has been injured, which thus activates growth factors.
5. Due to this effect, the platelets release growth factors into the tube's liquid which is then ready to be injected into different areas of the penis via a small needle.



Following the above steps, new tissue will continue to grow as a result of the stimulation of unipotent stem cells, as the platelet-rich fibrin matrix (PRFM) stimulates blood flow within the new blood vessels to provide these long-lasting positive results.

What results can I expect to see?

For the vast majority of patients, the benefits will be felt immediately after the injection has been given, followed by a gradual improvement over the next 2 to 3 months.



We highly recommend this latest medical procedure which is minimally invasive and can be completed by our Urologist in just 5 simple steps to provide long-lasting positive results.

Treating Erectile Dysfunction with low intensity Shockwave Therapy

What is Shockwave Therapy?

Developed in Europe, Shockwave therapy is designed to treat Vascular Erectile Dysfunction amongst patients and has been proven highly successful worldwide. The process does not require anaesthetic as it's a painless and straight forward procedure.



How does Shockwave therapy work?

Shockwave therapy involves generating shockwaves outside the body, which are then transferred to the patient via the surface of the skin using pinpoint accuracy to reach the tissue requiring treatment. The process is both quick and painless, and involves placing a therapy head on the corpus cavernosum, which is then moved in a longitudinal direction.

Premature Ejaculation

Premature Ejaculation can be defined as a male sexual dysfunction which causes ejaculation prior to or within roughly one minute of vaginal penetration from the first sexual experience.

There are two types of Premature Ejaculation:

1. Secondary "Acquired" Premature Ejaculation

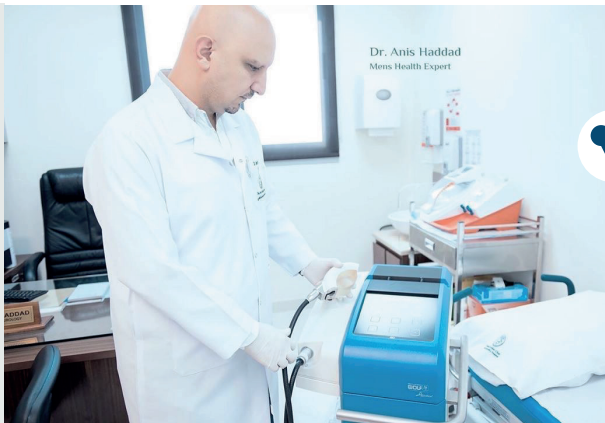
When symptoms appear after a while of normal ejaculatory function in life.

2. Primary Premature Ejaculation

When the individual has always suffered from premature ejaculation.

What results can I expect to see?

To maximise effectiveness of treatments, it's recommended that each patient receives treatment once or twice a week until a total of 4 -6 sessions have been completed. Success rates of this treatment are high, with 75% of patients showing long-term improvement in their erectile dysfunction.



We work to find the real cause behind erectile dysfunction by carefully diagnosing the issue to take proactive measures to protect your health and long-term well-being.

What is the process of diagnosis?

Each patient will be questioned on a variety of aspects of their life including: partner and relationship as well as social, cultural and contextual issues related to Premature Ejaculation. Based on each patient's response, a healthcare professional will evaluate a suitable treatment plan and discuss the various management options available.

What does the treatment involve?

In order to treat this issue, a combination of pharmacological, psychological, and educational treatment interventions will be considered.

The Effects of Testosterone Deficiency

What is Testosterone Deficiency?

Low testosterone is a global health problem that affects millions of men globally, and occurs when they struggle to produce enough of the hormone.

Factors that can cause a Testosterone Deficiency include:

- Injury to the testes
- Chemotherapy
- Surgery
- Disease
- Obesity
- Diabetes
- Chronic health problems
- Age (male menopause)

What issues can Testosterone Deficiency cause?

- Sexual problems
- Obesity
- Cardiovascular disease
- Thinning of the bones
- Depression
- Increased risk of developing heart disease





How can I be tested for Testosterone Deficiency?

If their doctor believes the patient may have a Testosterone Deficiency, they will assess symptoms and conduct a blood test which will be analysed to determine the amount of testosterone contained within the blood.

What treatment is available?

The treatment process will vary from patient to patient, meaning some may require drugs to treat, and others may not. If a patient does not require drugs, they are likely to be put on a weight loss programme.

HEALTH PACKAGES

At Dubai London Clinic, we have a range of health treatment packages available to both assess and treat any issues related to male sexual performance, hormonal deficiency and overall check-ups.

MALE SEXUAL PERFORMANCE PACKAGE

WELL MAN PACKAGE

UROLOGY PACKAGE: SEXUAL HEALTH SCREENING

UROLOGY PACKAGE: HORMONAL DEFICIENCY

For more information or to discuss which package is best suited to your needs, please book a consultation with Dr. Anis Haddad, our Specialist Urologist.

For appointments call: **800-352**



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